

KIDNASTICS SPRING 2017 CLASS SCHEDULE

CLASS LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TOTNASTICS: Tiny Tumblers *12-36 months				10:00	10:00	8:15
ACADEMY I PROGRAM: BEGINNING GYMNASTICS FOR AGES 3 to 5 years						
Academy I: Pre-Beginners 3-4yrs	10:15	*10:15 6:15	*3:30 6:15	10:00 3:30		8:15 9:30
Academy I: Beginners 4-5yrs	3:30 4:50	10:15 *3:30 4:50 6:15	3:30 4:50 6:15	11:00 3:30	*4:50	8:15 9:30 10:45
Academy I: Adv. Beginners * 5 yrs-Test	3:30 4:50	*10:15 3:30 4:50 6:15	3:30 4:50	3:30		8:15 9:30
ACADEMY II PROGRAM: GYMNASTICS FOR BOYS & GIRLS AGES 6 to 13 years						
Academy II: Girls Level 1 6-8yrs	3:30 4:50	3:30 4:50 6:15	3:30 4:50 6:15	3:30 4:50	*4:50	9:30 10:45
Academy II: Girls Level 2 8-10yrs	3:30 4:50	3:30 4:50 6:15	3:30 4:50 6:15	3:30 4:50	*4:50	9:30 10:45
Academy II: Girls Level 3 10-13yrs	4:50	4:50	4:50 6:15	4:50		10:45
Academy II: Boys Level 1 6-8yrs		3:30				9:30
Academy II: Boys Level 2 8-10yrs						
ELITE GIRLS GYMSTERS PROGRAM: ADVANCED GYMNASTICS FOR GIRLS AGES 5 to 18 years						
GYMSTERS D						10:45
GYMSTERS C	4:45		3:20			
GYMSTERS B		4:30				
GYMSTERS A			4:45	3:20		
GYMSTER ELITE	6:30					
TUMBLING FOR RECREATIONAL OR CHEERLEADING FOR AGES 5 to 18 years						
YOUTH TUMBLING: 5-7 YRS	3:30			3:30 4:50 6:15	3:30	9:30
TUMBLING: LEVELS 1	3:30 4:50 6:15 7:15	3:30 4:50 6:15	*3:30 7:15	6:15	3:30	9:30 10:45
TUMBLING: LEVELS 2	3:30 4:50 6:15 7:15	3:30 4:50 6:15	4:50 7:15	4:50 6:15	3:30	9:30 10:45
TUMBLING: LEVELS 3	4:50 6:15		4:50 7:15	6:15	3:30	10:45
TUMBLING: LEVELS 4	4:50 6:15		4:50 7:15	6:15	3:30	10:45
TUMBLING: ELITE LEVEL			7:15			

Please note: * asterisks indicates a future class

Updated: 4/18/17

KIDNASTICS PROGRAM DESCRIPTIONS

1. **Totnastics : Early Motor Development Program**
 - Ages 12-36 months
 - Parent or guardian participation is required
 - Explore, sing, dance while utilizing your motor and sensory skills to tumble and play!
 - Interactive songs and games; social play and fun exploration
 - Co-Ed
 - 50 minutes per class
2. **Academy 1 Levels: Pre-Beginner - Beginner –*Adv. Beginner (*Testing Required)**
 - Ages 3 to 5 years
 - Comprehensive gymnastics program for boys and girls
 - Co-Ed
 - 60 minutes per class
3. **Academy 2 Levels: Girls 1, 2, *3, Boys 1, *2 (*Testing May Be Required)**
 - Ages 6 years and up
 - Comprehensive beginning to intermediate gymnastics program for girls and boys
 - 75 minutes per class
4. **Youth Tumbling Levels:**
 - Ages 5-7 years
 - Co-Ed
 - Emphasizing on building strong foundation for back-hand springs
 - 60 minutes per class
5. **Tumbling Levels: Levels 1, *2, *3, *4, *Elite (*Testing May Be Required On Levels 2 and up)**
 - Ages 8-18
 - Co-Ed
 - Beginning to advanced tumbling skills for recreational or cheerleading
 - 75 minutes per class
6. **All Girls Gymsters Program Levels: ELITE, A to D (Levels C and up *Testing Required)**
 - Ages 5-18
 - Pre-Team Intermediate to Advance All Girls Gymnastics Program
 - Gymster D: 75 minutes per class
 - Gymster Elite-C: 1 hour and 40 minutes per class

PROGRAM FEES:	Monthly	
TOTNASTICS:	\$70.00	
ACADEMY 1 LEVELS:	\$92.00	
ACADEMY 2 & GYMSTER D:	\$103.00	
GYMSTERS LEVELS: Elite-C	\$113.00	
YOUTH TUMBLING: Ages 5-7 years	\$92.00	
TUMBLING: Ages 8+	\$97.00	
ANNUAL REGISTRATION FEE	\$40.00	per child per year

PRIVATE LESSONS: (30min/1hr)	\$10.00/\$20.00	Gym Fee
*Pricing depends on level of skill to be learned	\$15 & up	Coach's Fee
*Must be an active member in our program		

MULTIPLE CLASS DISCOUNT **20% OFF**

SIBLING DISCOUNTS **10% OFF**

*Applied to the full month of tuition.

*Applied to siblings that must reside in the same household

Visit us online and register for your ***FREE CLASS** at "KIDNASTICS.NET"

*New Enrollees Only

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